Sleep Well, Wake Up Early
Go to bed early the night before the test to control for any trouble you might have falling asleep because of nerves. Plan to get seven to nine hours of sleep, and wake up at least an hour before you have to leave for the test. This way your brain will be firing on all cylinders by the time you get there!

Eat Breakfast
Eat something protein-filled that will give you sustained energy but not make you sluggish. If you normally don’t like eating breakfast, try a granola bar or a handful of nuts.
Drink coffee if you usually drink it to stay awake - now probably isn’t the time to kick a caffeine addiction. Don’t drink coffee if you’re not used to it because it could actually make you anxious and less focused on the test.

Dress for Success
This means the opposite of what it usually means because you should dress as comfortably as possible. Bring layers so you don’t get distracted by being too hot or too cold.
Also, pack up everything you need for the test the night before so you don’t forget anything (especially if you’re not a morning person!).

Keep Calm and Test On
Take it one question at a time, and don’t get discouraged when you can’t figure out an answer. Just skip the question and move forward. Getting worked up will only take away from your focus and hurt your scores.

Skip Difficult Questions
If you find yourself floundering on a question, skip it and come back to it at the end of the section.
There’s a lot of time pressure on the ACT. If you find you’ve spent more than a minute on a question in the Math, Reading, or Science section, move on and come back to it later. In the English section, don’t spend more than 30 seconds trying to figure out any one question before you move on.
Don’t risk running out of time before you get to every question - you could miss easier points down the road.

Check Your Answers
If you have time at the end of a section, don’t waste it. Go back and check over your answers to make sure you’re not missing any easily fixable goofs that could happen if you rush through questions. Also make sure all the bubbles on your answer sheet are filled in. Remember, there’s no penalty for incorrect answers on the ACT, so you have nothing to lose by guessing.

**This is the first year that Super Scores will be calculated for increased composite scores after a full test is taken.
**Students are encouraged to send scores to MSU, Sowela and LOSFA. Scores must come from ACT not your high school.

MARCH 17
11th graders will take the ACT on March 17!
10th graders will take the Pre-ACT on March 17!

Here’s some relevant info about each section:

English
When in doubt, go for the more concise answer. Follow grammar rules, and don’t overthink things.

Math
Use your calculator as a resource, and make use of the diagrams. If you are trying to figure out an angle or the area of a shape and you’re stumped, choose the answer that seems most logical based on the image.
If you find yourself doing complex math, check yourself before continuing. The concepts being tested are fairly simple and should not require elaborate calculations.

Reading
Skim first, then read the questions. You can read more in depth later when the questions point to specific parts of the passage. Try not to overanalyze things: if the evidence for the answer isn’t right there in the passage, it’s not the correct answer. Don’t be fooled by answers that are “almost” correct.

Science
ACT Science is essentially about logical reasoning, not knowledge of scientific facts (though some basic science knowledge is helpful). Don’t get overwhelmed by a bunch of numbers and terms you don’t understand. This is designed to distract you from getting down to the relatively simple concepts at the core of the sample experiments.
Remember, it’s much easier than it looks at first!

Students are required to provide their own calculators.
Student Id is required. No phones or smart watches.
Free practices resources are available under Test Prep at www.actstudent.org