

## **211 RESOURCE DATABASE**

Free service that is available 24/7, 365 days a year

- Connects parents to information and referral services available in our area
- At this time, SWLA United Way has partnered with the Louisiana Department of Health and the Center for Disease Control to provide up-to-date COVID-19 information to the public through the 211 service
- May be accessed in 3 different formats:
  - Dial 2-1-1
  - Text 898- 211
  - Go to [unitedwayswla.org](http://unitedwayswla.org) and click on 211 online

## **833 TXT TEEN (Help for Ages 13-22)**

Crisis Intervention Specialists are available to provide emotional support, information and/or referrals to community resources and crisis intervention

- Text 833-TXT-TEEN (833-898-8336) to access

## **CRISIS CHAT**

Crisis Chat is for ANYONE who is going through a hard time, having thoughts about suicide, or just needs to talk. Crisis Intervention Specialists are ready to listen, provide emotional support and help you cope