

# Counselor's Corner

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## Flipping A Lid

September is where students will learn about their fantastic elastic brain! Students will learn about the 3 parts of their brain that involves how they learn and what parts control their emotions! I will be contacting Enrichment teachers to schedule some time to come in and teach this guidance lesson!



## Behavior Management in the Classroom

Behavior management strategies in the classroom can be undermined by a few students who thrive on being disruptive. Trying to manage a classroom and teach while a student is being rude and disruptive is a Challenge many Classroom teachers face. To compound the problem even more, some students may have Emotional/Behavioral challenges that are not diagnosed therefore do not respond to typical behavior management strategies. The truth is, there is no quick fix, but if you implement the following consistently and appropriately, the behavior can decrease in frequency and intensity.

1. Intervene at the first sign of trouble.
2. Address student in private.
3. Be clear about rules, expectations, and consequences.
4. Remain calm.
5. Praise positive behavior.
6. Maintain a positive home-school connection.
7. Create a calm down area.
8. Create self-care plan – Practicing a regular self-care routine helps you manage your stress levels , promotes positive well-being and prevents burnout.

