

COUNSELOR'S

AUGUST

THIS MONTH

Welcome Back! I am thrilled to continue working with students by providing support through individual and group counseling. I look forward to a great school year working with students, families, teachers, and school staff at Oak Park Elementary!

This month, I will be conducting Minute Meetings with each student. These questions are basically about home, school, friends, and feelings. After meeting with the student, the Minute Meeting gives me an idea of what students need to be checked-in on and what students are urgent. Doing a Minute Meeting at the beginning of school really helps get the individual counseling students going in a timely manner and efficiently because of the ability to assess the entire building.



STAY TUNED

Soon to come:

Individual counseling
Group counseling
SEL guidance lessons - Meet the Counselor (K-5)
Tier 2 and 3 support

TIPS

TBRI: 3 Rules for all relationships

1. Stick together
2. No hurts - be respectful, make sure that nobody is hurt today with your words
3. Have fun - if we stick together and practice no hurts, then we are laying the foundation for having fun!

Phone: (337) 217-4850 ext. 6556

Email: jowanna.bellow@cpsb.org

Website: CPSB.org->Schools->Oak Park Elementary->"Counselor" tab

Need to refer a student? Scan the QR code!



FROM THE COUNSELOR

