

Counselor's CORNER

SEPTEMBER 2023

Mrs. JOWANNA BELLOW, PLC, NCC

Counseling Monthly Focus:

1. Minute Meetings continued...
2. Listening-Kindergarten
3. Feelings -1st
4. Friendship - 2nd
5. Growth Mindset - 3rd
6. Goal Setting - 4th & 5th

* Contact me to schedule a guidance lesson!*

TBRI Tips:

- It's important to nurture at every level or we can see other effects!
- Age 5 - Behavior changes due to new structure of school environment
- Age 8 - Behavior looks like ADHD
- Age 12 - Behavior looks like anxiety

Let's CONNECT!



jowanna.bellow@cpsb.org



337-217-4850, ext. 6556

Dates:

RTI Meeting - September 26

