

J. D. Clifton Elementary School

A MESSAGE FROM US

We pray that each of you are safe and healthy during this unique time in history. We miss seeing all of those smiling faces, our daily hugs, and telling you how much love you. Who would have thought that things would change so quickly? This global crisis is a great reminder that the world is moving to one of virtual learning, and we don't want any of our students to be left behind. Please be assured that your Clifton family is here for you and we have put together resources to help provide some structure and learning for our students during our time apart. We have added some ideas for you to keep your children engaged. Please check out our school website page with a link to some additional resources on the CPSB website, teacher staff pages, and our school's FB page for additional information.

OUR TOP 4

"EASY HOME LEARNING TIPS" FOR PARENTS

1 READ. READ. READ

Reading should be FUN! Help your child read anything and everything that interest him or her. Help your child set-up a comfortable and quiet space with good lighting.

3 EXPERIMENT! DO SCIENCE!

Watch an ice cube melt.
Grow grass. Play with magnets. Start a garden. Collect rocks. Collect leaves. This is a great time to experiment with science.

4 TAKE BRAIN BREAKS. 5 min. break

- GoNoodle videos on YouTube
- Sing your favorite song and make up silly dance moves
- Build a paper airplane and fly it down the hall or outside

15 min. break

- Sidewalk Chalk
- Fly a kite outside
- Take turns telling silly stories with your sibling(s) or parent(s)

30 min. break

- Take part in a Scavenger Hunt
- Play dress up
- Play a card game

2 HAVE FUN WITH NUMBERS.

Find creative ways to practice math: ask your child to help you tally a bill before purchasing an item, calculate time, or follow a recipe. See the schedule below for ways to include fun learning in your everyday routine. Also, check out the [Creative Learning](#) link on our school's website.

Videos are added as they are received.

SAMPLE ELEMENTARY SCHOOL KIDS SCHEDULE

BEFORE 8:30	Wake Up, eat breakfast, get dressed, put away pajamas, make your bed, brush teeth, etc.
8:30 – 9:00	Morning walk outside with the family
9:00 – 10:30	Academic Time (include brain breaks) 4
10:30 – 11:00	Snack / Free Time
11:00 – 12:00	Academic Time (include brain breaks) 2
12:00 – 1:00	Lunch / Free Time
1:00 – 1:30	Quiet Time (Reading, Puzzles, Nap, etc.) 1
1:30 – 2:30	Academic Time (include brain breaks)
2:30 – 3:30	Creative Time (Legos, Drawing, Music, Cook, etc.) 3
AFTER 3:30	Ride bikes, walk around the block, walk the dog, play outside

Source: Tips taken and modified from Learning Resource Center