

2023 Cross country Schedule

September 13 th	McNeese 2 Miler	Enos Darbone Rec, Lake street
September 23 rd	Cowboy Stampede	Enos Darbone rec, Lake Street
September 27 th	Bruin Meet	Bell City High School
September 30 th	ESA Meet	ESA High School Cade ,La
October 7 th	Run For Cure	Acadiana Park Lafayette, LA
October 11 th	Sam Houston Meet	Moss Bluff Soccer Fields
October 14 th	SNL Meet	Acadiana Park Lafayette, LA
October 25 th	District Meet	Acadiana Park Lafayette, LA
November 2 nd	Regional Meet	Lincoln Parish Park Ruston, LA
November 13 th	State Meet	NSU, Natchitoches , LA

Important Work Dates

August 25 th -27 th	Toledo Bend Team Camp
August 28 th	Jv/Fr football Concessions
September 29 th	Cross Country Fish Fry
October 2 nd	Jv/Fr Football Concessions
October 16 th	Jv/Fr Football Concessions